Sample Assessment Task 15 (Part B)

Name of Task: Diving						
Oral Text-type for the Ass	Oral Text-type for the Assessment: individual presentation interaction					
Communication Function	s:					
describing	☐ reporting ☐ explaining ☐ discussing				discussing	
☐ classifying ☐ comparing ☐ persuad			ling	\boxtimes	others:	
Audienceteacher plus: Target audience:					Role(s) of audience:	
☐ a student partner ☐ fellow students				giving non-verbal responses only		
	oups				questioning/commenting	
class		teacher(s)			interacting with no limitations	
more than one class	others:					
Where on this continuum	would yo	u place the assessmer	nt task?			
spontaneous, informal interactive, planned individual long turn of individual long turn that dialogue, e.g. small group interaction semi-formal group news reporting, story coherent, e.g. spoken text, e.g. discussion telling report, a speech						
Choice/task of the elective(s) used for the assessment: ☐ Drama ☐ Poems and Songs ☐ Short Stories ☐ Popular Culture ☐ Sports Communication ☐ Social Issues ☐ Debating ☐ Workplace Communication						
Topic/text/materials/resou	ırces used	for the assessment a	ctivities (e.g. v	web	sites, debate topics/social issues, books):	
1. Extreme sports articles (see Appendix 18) (adapted 5. Diving platform article and worksheet (Appendix			tform article and worksheet (Appendix 22)			
from http://en.wikip	-	-	(adapted from:			
 Sports safety article (see Appendix 19) (adapted from 			http://en.wikipedia.org/wiki/Platform_diving)			
http://brighamandwo	chamandwomens.staywellsolutionsonline.		(adapte	ed fr		
3. Alphabet worksheet	•	,	•		ikipedia.org/wiki/Tom_Daley_(diver))	
from a workshop on Sports Communication and adapted from Upstream Intermediate Express Publishing)		•		v.youtube.com/watch?v=VZAxh_I46cE		
		•	http://www.youtube.com/watch?v=WI0zk1h6_o8 ure=related			
4. HK Amateur Swimming Association Limited						
(Appendix 21) (adapted from						
http://www.hkasa.org.hk/index.php?option=com_c ontent&task=blogcategory&id=89&Itemid=197)						
Description of activities	Knowled	lge Building:				
leading to assessment		general:-				
	1. Ask students to read about what extreme sports are (see Appendix 18).					

- 2. Ask students to read articles about sports safety (see Appendix 19).
- 3. Ask students to work together to complete a worksheet to find one sport beginning with each of the letters of the alphabet in Appendix 20.
- 4. Ask students to choose a kind of sport they would like to try and provide 5 reasons (e.g. "I would like to try... because...").
- 5. In a groups of four, discuss which kind of extreme sport(s) they would like to try (e.g. "I am... and I like..., but I don't like....").
- 6. Start the conversation by saying:
 - a. A: I'd love to try... because it is...
 - b. B: Really? Why?
 - c. C: Yes, I agree with you because...
 - d. D: No, I'm afraid I don't agree because...
- After six minutes, ask students to report which kind of sports their group would like to try and why.

Diving:-

- 1. Ask students to read the article from HK Amateur Swimming Association Limited about "The introduction to diving" (Appendix 21)
- 2. Ask students to read articles about the diving platform, watch a video clip about a very outstanding and young diver, Thomas Daley and complete the worksheet (Appendix 22)
- 3. Ask students to read articles about platform divers in Hong Kong.
- 4. Ask students to view videos of interviews with world famous divers.
- 5. Ask students to view videos of platform diving.

Reflection for Students:

- 1. What personality and character traits do you think are necessary for Thomas Daley to have been so successful?
- 2. What other factors are there that helped shape his success?
- 3. How can young people overcome their fears by doing platform diving?
- 4. What are the possible side effects if a diver practices too much?
- 5. If you had a friend as talented as Thomas, would you recommend him to join the diving team?

Assessment activity

Form students into groups of four and prepare for the following discussion task:

(Group interaction)

You are a group of executive members of the Sports Club and the club has been given funds to introduce a platform for diving members.

Discuss:-

- ♣ The skills and training needed for the sport
- The benefits of doing the sport
- ♣ The danger of doing the sport
- Other important things

Post assessment activity

Teacher gives feedback on the overall performance of the group and gives advice on how to make improvements by making use of the assessment criteria

Pre-assessment Activities:

I. Reading

Introduction of Diving



Introduction of Diving

Diving is one kind of admirable sporting events, which differentiate into springboard diving; platform diving and synchronized diving.

Springboard diving can perform on either 1M or 3M springboard. 10M platforms will be the case for Olympics, world championships and world cup championships. Female contestants have to complete 5 dives, and male contestants have to complete 6 dives in open event.

In the age group diving competition, the number of dives performance is decided by the diver's age. About the detailed competition format can refer to Hong Kong Age Group Diving Championships.

In diving contest, either 5 or 7 judges shall officiate in the individual events and 9 judges in the synchronized diving events. And 7 judges are applied in Olympics, world championships and world cup championships. With 10 being the perfect score for each dive, awards are given in half point increments according to the following scale:

Completely fail 0	Unsatisfactory 0.5 – 2
Deficient 2.5 - 4.5	Satisfactory 5 - 6
Good 6.5 - 8	Very Good 8.5 - 10

Judges will judge each dive by the standing position, approach, take off, and flight, entry into the water.

Competitions in Hong Kong

Competitions in Hong Ixong	Item Title
Date	
May 04, 2009 at 03:54 PM	Hong Kong Age Group Diving Championships 2009 Order List
Apr 29, 2009 at 04:41 PM	Hong Kong Age Group Diving Championships 2009 Programme

Appendix 22

A **diving platform** or **diving tower** is a type of structure used for <u>competitive diving</u>.



Competitive Diving Platform or Tower

They consist of a vertical rigid "tower" with one or more horizontal platforms extending out over a deep pool of water. In platform diving, the diver jumps from a high stationary surface. The height of the platform(s) - 10 metre/33 feet, 7.5 metre/24.7 feet and 5 metre/16.5 feet - gives the diver enough time to perform the acrobatic movements of a particular dive. Most platforms are covered by some sort of matting or non-slip surface to prevent athletes from slipping.

Divers have to perform a set number of dives according to various established requirements, including **somersaults** and **twists** in various directions and from different starting positions.

II. Reading and Viewing

A) Reading

Thomas Robert Daley (born 21 May 1994 in <u>Plymouth</u>, United Kingdom) is a <u>British diver</u>, who specialises in the <u>10 metre platform event</u>. He started diving at the age of seven, and is a member of Plymouth Diving Club. He has made an impact in national and international competition at an early age. He represented <u>Great Britain</u> at the <u>2008 Summer Olympics</u>, where he was Britain's youngest competitor, the youngest competitor of any nationality outside of the sport of swimming, and the youngest to participate in a final

Rank	Name	NOC	Points	Points Behind
1	MITCHAM Matthew	M Australia	537.95	
2	ZHOU Luxin	China	533.15	4.80
3	GALPERIN Gleb	Russian Fed.	525.80	12.15
4	HUO Liang	China	508.40	29.55
5	GUERRA OLIVA Jose Antonio	Cuba	507.15	30.80
6	HELM Mathew	M Australia	467.70	70.25
7	DALEY Thomas	Great Britain	463.55	74.40

B) Viewing
Watch the video about a very outstanding and young diver in the 2008 Beijing
Olympic Games.
http://www.youtube.com/watch?v=VZAxh_I46cE

	intep.//www.youtube.com/watch: v=wilozkino_oxicatule=related
III	. Reflection
1)	What personality and characters traits do you think are necessary for Thomas to have to help him so successful?
2)	What other factors are there to shape his success?
3)	How can young people overcome their barriers by doing platform diving?
4)	What side effects will there be to the diver if he practices too much?
	If you had a friend as talented as Tom, would you recommend him to join the diving team?